



International Symposium Complementaria

Food supplements and bioactive ingredients

September 14&15, 2015, CCIB, Barcelona

Bioactive Ingredients from Plant Sources

National and International Experts

Belgium, France, The Netherlands, Ireland, Italy, United Kingdom

Key topics

- Health claims
- Standards, processes and quality products
- Oxidative stress
- Information and safe use of food supplements
- Legal framework for food supplements
- Nutricosmetics and antiaging
- Innovation and know-how transfer



www.complementaria.eu

Organised by:



CSIC
CONSEJO SUPERIOR DE INVESTIGACIONES CIENTÍFICAS

Partners:



Technical Secretariat:



+34 91.662.46.50

complementaria2015@mastercongresos.com



COMPLEMENTARIA IS ...

- The platform** for companies to enhance deeper awareness of their products supported by the scientific and technical rigor of the Symposium.
- The opportunity** to improve the perception of consumers and regulators about the companies and their products.
- An evidence** to support the rigor of our group that should help us achieve better market conditions, in line with other leading countries.
- The place** to build bridges between different partners to achieve consensus which meet consumer expectations providing safe, effective and high quality products.
- The occasion** to increase industry involvement in scientific and technical forums.

SCIENTIFIC COMMITTEE



Dr. Robert Anton

Former director of the Department of Pharmacognosy, Faculty of Pharmacy. Emeritus professor. University of Strasbourg (France).



Dr. Lluís Arola

Director of the CTNS Technological Center of Nutrition and Health (CTNS), Universitat Rovira i Virgili (Spain).



Mrs. Laura Begueria

Director of the Department of Food Quality and Nutrition in AFEPADI, Spanish Dietary Products and Food Supplements Association (Spain).



Dr. Ascensión Marcos

Leader of the Immunonutrition Research Group, Department of Metabolism and Nutrition, Institute of Food Science, Technology and Nutrition (ICTAN) of the Spanish National Research Council (CSIC).



Dr. Federico Morais

Director and Founder of the Technological Platform Food for Life-Spain (PTF4LS).



Dr. Mauro Serafini

Director of "The Functional Food and Metabolic Stress Prevention" Programme of the Agricultural Research Council CRA-NUT (Rome) and Professor at the Faculty of Food Technology and Biotechnology, University of Zagreb (Croatia).



Dr. Ana Troncoso

Full Professor of Bromatology, Toxicology and Legal Medicine at the University of Seville (Spain).

PANEL 1

10.00h-11.30h

Legal Framework for botanical food supplements: satisfying the needs of consumers and industry

Chaired by: **Ana Troncoso**. Full Professor of Bromatology, Toxicology and Legal Medicine at the University of Seville (Spain).

- Legal framework and borderline between Traditional Herbal Medicinal Plants and Herbal Food Supplements. **Ferdinando Albisinni**. Food and nutrition lawyer. Università degli Studi della Tuscia, Facoltà di Diritto (Italy).
- Tradition, innovation and novel foods. **Sebastián Romero Melchor**. Food and nutrition lawyer, K&L Gates GP (Belgium).
- The BELFRIT Project: an attempt of harmonization. **Mauro Serafini**. University La Sapienza, Rome (Italy).

11:30-12:00 Coffee Break

PANEL 2

12.00h-14.00h

Health claims: information to ensure safe use and commercial communication

Chaired by: **Robert Anton**, Former Director of the Department of Pharmacognosy, Faculty of Pharmacy. Emeritus Professor. University of Strasbourg (France).

- Evaluation requests by EFSA: Intervention studies on claims justification and identification of biomarkers. **Francesc Puiggròs**. Scientific Director of CTNS (Spain).
- Evaluation of health claims by EFSA. **Hans Verhagen**. Senior Scientific Advisor 'Nutrition and Food Safety' - National Institute for Public Health and the Environment (RIVM) – Member of the EFSA-NDA Panel (The Netherlands).
- Case study: application for health claim: Art. 13.5 and 14, Regulation 1924/2006. **Francesc Gassó**. CEO Brudy Technologies, S.L.(Spain).

PANEL 3

15.30h-17.00h

Promoting the know-how transfer between University and Industry

Chaired by: **Lluís Arola**, Director of the Technology Centre for Nutrition and Health (CTNS), Universitat Rovira i Virgili (Spain).

- **Daniel Ramón Vidal**. Scientific Director and CEO of Biopolis SL (Spain).
- **Rosa Cubel**. Director of Innovation and Transfer at IRTA (Research and Technology, Food and Agriculture) (Spain).
- **Carlos González**. Director of Innovation at the Nutrition Research Centre, University of Navarra (Spain).
- **M^a Luisa Castaño**. General Director of Innovation and Competitiveness. Ministry of Economy and Finance (Spain).

14:00-15:00 Lunch Break

PANEL 4

17.15h-18.45h

Setting standards, processes and quality products

How EU is ensuring the quality and safety of herbal food supplements. Industry's vision: Guidelines to good practice-Quality Guidelines.

Chaired by: **Robert Anton**, Former Director of the Department of Pharmacognosy, Faculty of Pharmacy. Emeritus Professor. University of Strasbourg (France).

- **Anne-Christine Gouder de Beauregard**. General Secretary of the Federation for Food Supplements, Dietary and Organic Products (NAREDI) (Belgium).
- **Helène Kergosien**. Board Member of Synadiet (French Association for food supplements manufacturers) and Member of the Botanical Working Group-EHPM.
- **Laura Begueria**. Director of the Department of Food Quality and Nutrition at the Spanish Association of Dietary Products and Food Supplements (AFEPADI) (Spain).
- **Jonathan Griffith**. Chairperson in the Botanicals Working Group - EHPM (Ireland).

PROGRAMME

Tuesday 15/09

PANEL 5

09.30h-11.30h

Phytochemicals and oxidative stress

Chaired by: **Ascensión Marcos**. Leader of the Immunonutrition Research Group, Department of Metabolism and Nutrition, Institute of Food Science, Technology and Nutrition (ICTAN) of the Spanish National Research Council (CSIC).

- **Plant foods as oxidative stress modulators: the pre-eminence of human evidences.**
Mauro Serafini. Director of the “Functional Food and Metabolic Stress Prevention” Programme of the Agricultural Research Council CRA-NUT (Rome) and Professor at the Faculty of Food Technology and Biotechnology, University of Zagreb (Croatia).
- **Lutein and zeaxanthin in the diet, macular pigment and visual function in humans.**
Begoña Olmedilla. Department of Metabolism and Nutrition, Institute of Food Science, Technology and Nutrition (ICTAN) of the Spanish National Research Council (CSIC) (Spain).
- **Association of biomarkers of polyphenol intake with aging-related conditions and all-cause mortality: the InCHIANTI study.**
Cristina Andrés Lacueva. Group of Biomarkers and Nutrismetabolomics. Department of Nutrition and Food Science. Faculty of Pharmacy. University of Barcelona (Spain).
- **Flavonoids and allergy.** **Margarida Castell**. Professor of Physiology, Faculty of Pharmacy, University of Barcelona (Spain).

11:30-12:15 Coffee Break

PANEL 6

12.15h-14.00h

Bioactive ingredients and anti-aging

Chaired by: **Federico Morais**. Director and Founder of the Technological Platform Food for Life-Spain (TPF4LS).

- **Physiological changes of aging and their relation to nutrition.**
José Manuel Ribera Casado. Emeritus Professor (Geriatrics). San Carlos Clinical Hospital. Complutense University of Madrid (Spain).
- **Nutritional supplementation for maintaining healthy cognitive status.**
Andrea Zangara. Adjunct Research Fellow at the Swinburne Centre for Human Psychopharmacology at Swinburne University (Australia), Director at Naturalpowermeds Consulting (Spain).
- **Nutritional supplementation to delay cell aging.**
(Speaker to be confirmed).

14:00-15:30 Lunch Break

PANEL 7

15.30h-17.00h

Nutricosmetics

Chaired by: Mrs. Laura Begueria. Area Director of Nutrition and Food Quality in AFEPADI, Spanish Dietary Products and Food Supplements Association (Spain).

- **Physiological changes of aged skin and how to reverse them with nutricosmetics.**
Gloria Sabater. Scientific Director of Salengei, S.L. and international expert in anti-aging (Spain).
- **Bio-active compounds to fight Aging Skin.** **Erik-Alexander Richter**. Rejuvenal (The Netherlands).
- **Substantiation of beauty claims.**
Susana Palacio, CEO Evic Hispania (Spain).

17:45 Closing Ceremony

SPONSORSHIP

Scientific Collaboration and Exhibition

SATELLITE SYMPOSIUM

Up to 4 hours.
4 speakers, 2 moderators (the Scientific Committee shall appoint a moderator).

Companies interested in organizing a side event as part of the scientific program, should submit a proposal to the Scientific Committee with an overview of the content, objectives, speakers, and materials to be used.

COMMERCIAL CONFERENCE

30 minutes.
1 speaker, 2 moderators (the Scientific Committee shall appoint a moderator).

The sponsor may structure the event as long as it matches the main goals.

WORKSHOP

2 hours.
Capacity limited to 70 people.

All the organizational costs (travel expenses, accommodation of the speakers and moderators, simultaneous translation, banners, floral decoration, etc...) shall be undertaken by the sponsor.

SCIENTIFIC EXHIBITION

The sponsor's logo will appear in all the touch screens devices where posters will be displayed.
Touchscreens devices allow the incorporation of sponsor loops.
Multiple sponsors ads are also offered to be set in touchscreens devices and in Complementaria's website.

The Organization shall bear the costs of room rental, audiovisual equipment, hostesses and signage displays.

Speakers and moderators will have free registration for the Symposium included working lunches and official dinner.

The sponsor's logo will be included in the Symposium program and on the event website, with direct link to the sponsor web page.

COMMERCIAL EXHIBITION

Option A - Stand 6m² (3x2m)
Option B - Stand 9m² (3x3m)
Option C - Stand 12m² (3x4m)

The stand number will be granted by rigorous order of reservation.

THE RESERVATION OF THE STAND INCLUDES:
Set-up of the modular stand.

Three portfolios (stand type C), 2 portfolios (stand type B) and finally 1 portfolio (stand type A) with all the Symposium documentation, including coffee breaks and working lunches.

Up to 5 passes to the Symposium facilities (the list of the attendees must be submitted to the Technical Secretariat for its validation).

SPONSORSHIP

Other Collaboration Formulas

WEB AD WITH LINK The sponsor's logo and a direct link to its page will be placed on a prominent spot on the Symposium's website.	SIMULTANEOUS TRANSLATION A two-day interpreters service and simultaneous translation equipment are included. Sponsor's logo on the conference room screen and in the scientific program.
DISPLAY IN COMMERCIAL AREA A 2m high and 1m wide Display with the sponsor's logo will be exposed in the Commercial Area throughout the event.	COFFEE BREAK 14 AND 15/09/2015 Financing the coffee break. The price may vary according to the attendance and the selected menu. Sponsor's logo will be included in the final program
INSERTING DOCUMENTATION IN PORTFOLIOS Possibility to include company items (brochures, magazines, CDs, ...) in the documentation for attendees, after the Scientific Committee's review and acceptance.	WORKING LUNCHES ON 14 AND 15/09/2015 Financing the working lunches. The price may vary according to the attendance and the selected menu. Sponsor's logo will be included in the final program.
ACCREDITATION ITEMS Neck straps with silkscreen of the sponsoring entity. Accreditation cover card with logo.	VIP DINNER 13/09/15 When financing the VIP dinner, final investment may vary according to total number of attendees and the chosen menu. Sponsor's logo will be included in the final program.
PORTFOLIOS (INCLUDING THE SPONSOR'S LOGO) Serigraphy customization on the Symposium folder with the sponsor's corporate logo. The organization assumes the folders production.	OFFICIAL SYMPOSIUM DINNER 14/09/15 When financing the official dinner, final investment may vary according to total number of attendees and the chosen menu. Sponsor's logo will be included in the final program.

OTHER CONTRIBUTIONS UPON REQUEST

Collaborations are flexible and susceptible to changes and adaptations.

For further information and/or booking of sponsorships, contact the **Technical Secretariat**.

REGISTRATION AND FEES

	Reduced fee until 19/07/2015	From 20/07 to 06/09/2015	"IN SITU", from 07/09/2015
Attendees	350 €	450 €	550 €
Students	100 €	150 €	200 €

VAT 21% included.

The registration fee includes:

- Access to all activities including conferences, panels, workshops, presentations, room posters, etc.
- Folder with the Symposium documentation
- Post-Symposium Documents: Containing conclusions resulting from the workshops, etc.
- Access to the Exhibition Hall
- Coffees and working lunches

Register by filling in the following **REQUEST FORM**

<http://www.complementaria.eu/index.php/es/inscripciones-2>